



2026 EXTRACURRICULAR PROGRAMME: SUMMER (TERMS 1 & 4)

| SPORT / ACTIVITY | PRACTICE DAYS & TIMES | PERSONS RESPONSIBLE | MATCHES |
|--|--|--|--|
| Art Club | Mondays Gr. 4-5: 14:45-15:45 | M. van Vreden | N/A |
| | Tuesdays Gr. 1-2: 13:45-14:45 | C. Vredeveld | |
| | Wednesdays Gr. 6-7: 14:45-15:45 | C. Vredeveld | |
| | Thursdays Gr. 3: 14:15-15:15 | M. van Vreden | |
| Athletics | Tuesdays and Wednesdays U7: 13:45-14:45 (B-field) U8: 13:45-14:45 (B-field) U9: 14:15-15:15 (B-field) | L. Bothma C. Groenewald K. Ngaliema | N/A |
| | Tuesdays U10-U13 Hurdles: 14:45-15:45 (All fields perimeter) | C. van Zyl | |
| | Mondays and Wednesdays U10-U13 Track Events: 14:45-15:45 (All fields perimeter) | L. Mouton S. Steer (Mon.) L. Noludwe (Wed.) | |
| | Mondays and Wednesdays U10-U13: Field Events: 14:45-15:45 (A3 & A4 fields) | N. Jonker C. van Zyl (Mon.) L. Gildenhuys (Wed.) | |
| Chess Club | Mondays Gr. 6-7: 14:45-15:45 | J. Robertson | Fridays |
| | Wednesdays Gr. 4-5: 14:45-15:45 | J. Robertson | |
| Choir (Auditioning required) | Mondays and Wednesdays Gr. 2-3: 07:15-08:15 | L. Riley | N/A |
| | Fridays Gr. 4-7: 13:45-15:45 | L. Riley | |
| Coding Club | Mondays Gr. 4-5: 14:45-15:45 | C. Coetzee | N/A |
| | Thursdays Gr. 6-7: 14:45-15:45 | C. Coetzee | |
| Cricket | Mondays and Thursdays U10: 14:45-15:45 (B3 & B4 and nets; Matches: A-field) U12-U13: 14:45-15:45 (B3 & B4 and nets; Matches: A-field) | M. Daniels & S. Visser G. Vermeulen | Mondays U10 Thursdays U12 & U13 |
| | Wednesdays and Thursdays U11: 14:45-15:45 (B3 & B4 and nets; Matches: A-field) | C. van Zyl | Wednesdays U11 |
| | | | |
| Mini-Cricket | Mondays and Wednesdays U7: 13:45-14:45 (B3) U8: 13:45-14:45 (B4) U9: 14:15-15:15 (B1 & B2) | L. Ebrahim K. Hendricks M. Heydenrych | Mondays |
| Wicket Cricket (Private – Fees payable) | Thursdays Gr. R: 13:15-13:45 | R. Burmeister 074 661 7000 | N/A |
| Drama Club | Mondays and Wednesdays (Hall) Gr. 4-5: 14:45-15:45 | C. Rossouw | N/A |
| | Mondays Theatre Group: 14:45-15:45 (Hall) | L. Truter | |
| | Thursdays Gr. 6-7: 14:45-15:45 (Hall) | L. Truter | |



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| KDP (Private – Fees payable) | Tuesdays Gr. R: During school hours Gr. 1-2: 13:40-14:10 Gr. 3: 14:10-14:40 | R. Bosse 083 601 6902 bossere@yaho.com | N/A |
| | Wednesdays Gr. 1-2: 13:40-14:10 | | |
| Leaders Meetings | Thursdays During first break | S. Steer & C. Vredeveld | N/A |
| Library (Book Buddies Club) | Mondays or Wednesdays Gr. 4-7: 14:45-15:45 | R. du Toit | N/A |
| | Tuesdays or Thursdays Gr. 1-3: 13:45-14:45 | L. van Rensburg | |
| Marimba Band (Auditioning required) | Wednesdays Gr. 6: 07:15-08:15 | L. Smit | N/A |
| | Fridays Gr. 7: 07:15-08:25 | L. van Loggerenberg | |
| SHIFT Netball (Private – Fees payable) | Tuesdays Gr. 1-2: 13:45-14:15 Gr. 3: 14:15-14:45 | J. Albert 066 455 6469 panorama@shiftnetball.co.za | N/A |
| | Fridays Gr. R: 11:30-12:00 | | |
| | | | |
| Piano / Keyboard (Private – Fees payable) | During school hours | L. Smit pnlsmit@gmail.com | N/A |
| Recorder (Private – Fees payable) | During school hours | L. Smit pnlsmit@gmail.com | N/A |
| Rugga Roots Rugby (Private – Fees payable) | Wednesdays Gr. 1-2: 13:35-14:05 Gr. 2 Aftercare Learners: 14:10-14:40 Gr. 3: 14:10-14:40 Gr. 4-7: 14:45-15:15 | D. Thiar 084 339 5333 deon@ruggaroots.co.za | N/A |
| | Fridays Gr. R: 11:30-12:00 | | |
| | | | |
| Soccer (Private – Fees payable) | Fridays Gr. 1-3: 13:15-14:00 Gr. 4-7: 13:45-14:30 | LifeZone Sport 082 485 4662 lifozonesport@gmail.com | N/A |
| STEM Club | Wednesdays Gr. 6-7: 14:45-15:45 | L. Möller | N/A |
| | Thursdays Gr. 4-5: 14:45-15:45 | L. Gildenhuys | |
| Tennis | Mondays and Wednesdays Gr. 6: 14:45-15:45 Gr. 7: 14:45-15:45 Team: 14:45-15:45 | L. Laubscher V. Jansen Z. van Breda-Ehlers | Wednesdays |
| | Thursdays Gr. 4: 14:45-15:45 Gr. 5: 14:45-15:45 | S. Steer L. Noludwe | |
| Mini-Tennis | Mondays and Thursdays U7: 13:45-14:45 U8: 13:45-14:45 U9: 14:15-15:15 } Tennis courts | E. van Wyk & C. Hannie K. Brand & A. Killian C. Green & S. Williams | N/A |



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| FOUNDATION PHASE | | | | | | | |
| | | Monday | Tuesday | Wednesday | Thursday | Friday | |
| R.1 | Lizelle Bothma | | Athletics U7 | Athletics U7 | | | |
| R.2 | Janine Robertson | Chess Club Gr. 6-7 | | Chess Club Gr. 4-5 | | Chess Matches | |
| R.3 | Laa'iqah Ebrahim | Mini-Cricket U7 | | Mini-Cricket U7 | | | |
| Gr. R | Chonita Hannie | Mini-Tennis U7 | | | Mini-Tennis U7 | | |
| Gr. R | Stormé Williams | Mini-Tennis U9 | | | Mini-Tennis U9 | | |
| 1.1 | Elizma van Wyk | Mini-tennis U7 | | Eng. Extra Class | Mini-tennis U7 | | |
| 1.2 | Louise van Rensburg | Afr. Extra Class | Library Grade 1-3 | | Library Grade 1-3 | | |
| 1.3 | Charnelle Groenewald | | Athletics U8 | Athletics U8 | Maths Extra Class | | |
| Gr. 1 | Kerien Ngaliema | | Athletics U9 | Athletics U9 | | | |
| 2.1 | Kaylene Brand | Mini-Tennis U8 | | Maths Extra Class | Mini-tennis U8 | | |
| 2.2 | Inge Pruis | | Eng. Extra Class | | | | |
| 2.3 | Kim Hendricks | Mini-Cricket U8 | | Mini-Cricket U8 | Afr. Extra Class | | |
| Gr. 2 | Aimee Kilian | Mini-Tennis U8 | | | Mini-Tennis U8 | | |
| 3.1 | Ronel du Toit | Library Gr. 4-7 | | Library Gr. 4-7 | Maths Extra Class | | |
| 3.2 | Margie van Vreden | Art Club Gr. 4 | | Eng. Extra Class | Art Club Gr. 3 | | |
| 3.3 | Melanie Heydenrych | Mini-Cricket U9 | Afr. Extra Class | | Mini-Cricket U9 | | |
| Gr. 3 | Christin Green | Mini-Tennis U9 | | | Mini-Tennis U9 | | |
| INTERSEEN PHASE | | | | | | | |
| | | Monday | Tuesday | Wednesday | Thursday | Friday | |
| 4.1 | Melissa Heyns | Gr. 4 Afr. Extra Class | | Gr. 5 Afr. Extra Class | | | |
| 4.2 | Nicorene Jonker | Athletics Field Events U10-U13 | | Athletics Field Events U10-U13 | Gr. 4 Eng. Extra Class | | |
| 4.3 | Lené Gildenhuys | | | Athletics U10-U13 Field Events | STEM Club Gr. 4-5 | | |
| Gr. 4 | Simoné Visser | Cricket U10 | | | Cricket U10 | | |
| 5.1 | Grant Vermeulen | Cricket U12-U13 | | | Cricket U12-U13 | | |
| 5.2 | Lanelle Laubscher | Tennis Gr. 6 | | Tennis Gr. 6 | | | |
| 5.3 | Charmaine Rossouw | Drama Gr. 4-5 | | Drama Gr. 4-5 | Gr. 5 Eng. Extra Class | | |
| Gr. 5 | Megon Daniels | Cricket U10 | | Cricket U10 | | | |
| 6.1 | Zandri van Breda-Ehlers | Tennis Team | | Tennis Team | Gr. 6 Afr. Extra Class | | |
| 6.2 | Lizan Möller | Gr. 6 Maths Extra Class | | STEM Club Gr. 6-7 | | | |
| 6.3 | Lesley-Anne Truter | Drama Theatre Group | | Gr. 6 Eng. Extra Class | Drama Gr. 6-7 | | |
| Gr. 6 | Veronique Jansen | Tennis Gr. 7 | | Tennis Gr. 7 | | | |
| 7.1 | Mari Stassen | | | Gr. 7 Maths Extra Class | STEM Club Gr. 6-7 | | |
| 7.2 | Nina Muller | | | | Gr. 7 Eng. Extra Class | | |
| 7.3 | Sinead Steer | Athletics U10-U13 Track Events | | Gr. 7 Afr. Extra Class | Tennis Gr. 4 | | |
| Gr. 7 | Luandri Mouton | Athletics U10-U13 Track Events | | Athletics U10-U13 Track Events | | | |
| OTHER EDUCATORS | | | | | | | |
| | | Monday | Tuesday | Wednesday | Thursday | Friday | |
| Art | Chané Vredeveld | | Art Club Gr. 1-2 | Art Club Gr. 6-7 | | | |
| IT | Carla Coetzee | Coding Club Gr. 4-5 | | | Coding Club Gr. 6-7 | | |
| Music | Louis van Loggerenberg | | | Marimba Gr. 6 | | Marimba Gr. 7 | |
| Music | Liana Smit | | | Jnr. Choir | | Snr. Choir | |
| Choir | L. Riley | Jnr. Choir | | Jnr. Choir | | | |
| PE | Christiaan van Zyl | Athletics U10-U13 Field Events | Athletics: Hurdles | Cricket U11 | Cricket U11 | | |
| Rem. | Lida Els | Gr. 5 Maths Extra Class | | Gr. 4 Maths Extra Class | | | |
| Xhosa | Lelethu Noludwe | | | Athletics Track Events U10-U13 | Tennis Gr. 5 | | |